## **HOME SCIENCE DEPARTMENT**

**SESSION 2020-21** 

SURVEY ON FEEDING, WEANING AND CHILD REARING PRACTICES IN YOUNG MOTHERS OF ROPAR DISTRICT

## **Survey Report**

- ➤ In the session 2020-21, as a part of curriculum in practical paper of semester VI, a survey was conducted in Ropar district by Home Science department of Government College Ropar.
- > This survey aimed to access the knowledge of young mothers about Feeding, weaning and child rearing practices.
- A self-prepared and close-ended questionnaire was used to collect the data. Total 75 young mothers from areas of Ropar district participated in this survey.
- Respondents were selected through probability sampling- simple random sampling technique. Participants gave the answer to 48 different questions and shared their experiences of post natal period.
- ➤ It was found that majority of women (53%) had moderate knowledge about child rearing practices Whereas 30% women had less knowledge and only 17% of respondents were aware about child rearing practices.
- In the study of feeding and weaning it was observed that 71% of respondents were not aware while 22 % had moderate knowledge and only 7 % were those who had sufficient knowledge.

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PRINCIPAL